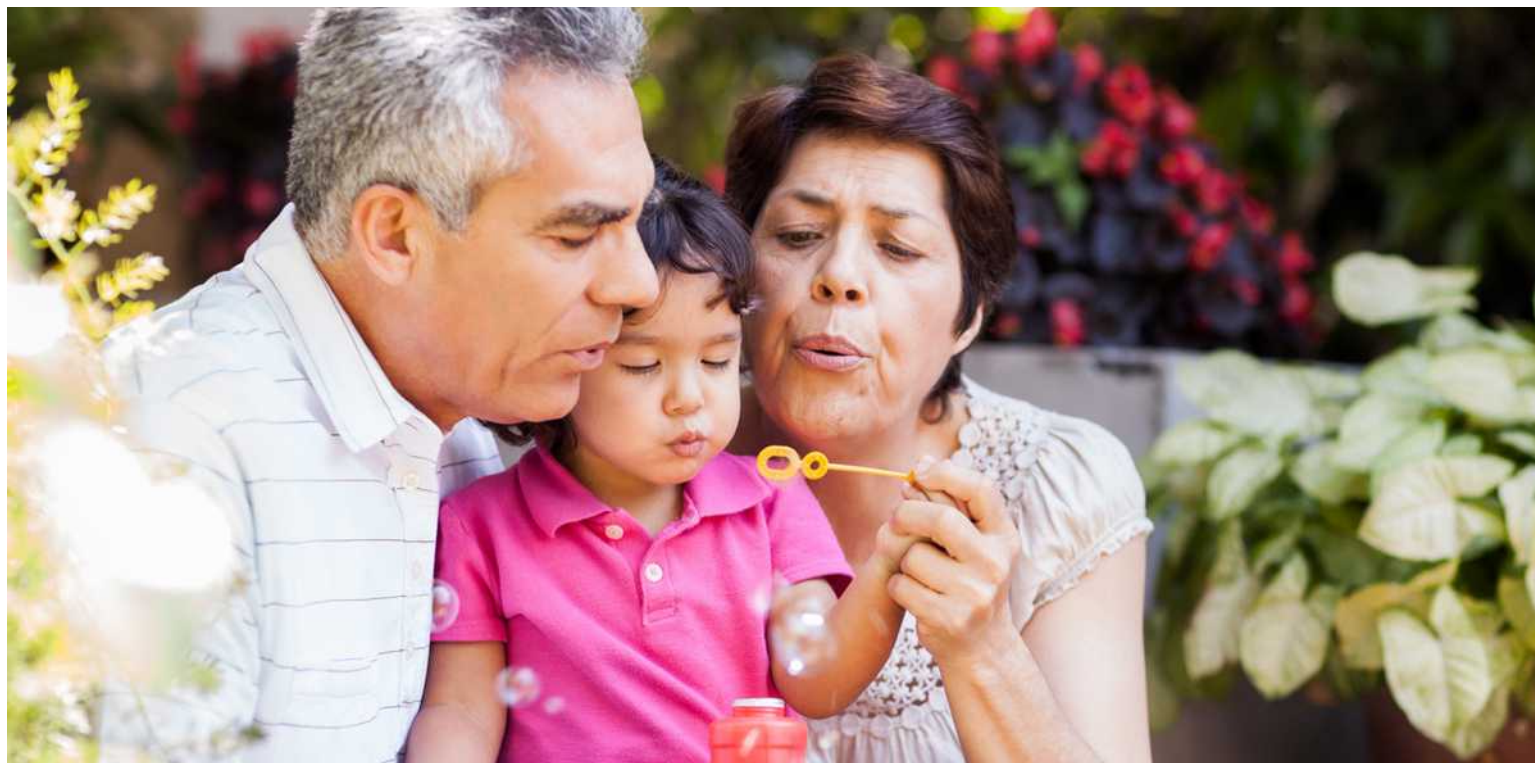


PARK MANOR OF CONROE



FAMILY FUN MONTH: END-OF-SUMMER FUN CHECKLIST

August is Family Fun Month, making it the perfect time to squeeze in a few more summer memories before the season comes to an end. You don't need a big vacation or expensive plans. Sometimes the simplest moments become the ones we remember most.

See how many you can check off before summer says goodbye!



- ☐ Read a new book
- ☐ Try a new ice cream flavor
- ☐ Make S'mores
(National S'mores Day is August 10!)
- ☐ Have a picnic indoors or outside
- ☐ Play your favorite card or board game
- ☐ Mix up a new lemonade flavor
- ☐ Watch a summer sunset
- ☐ Blow bubbles
- ☐ Listen to your favorite songs from years past
- ☐ Share a favorite summer memory
- ☐ Call or visit someone who makes you smile
- ☐ Enjoy a walk or simply relax outside
- ☐ Take a photo to remember the day

Whether you complete one activity or all of them, every little adventure is a chance to make new memories. **Summer isn't over yet!**



HAPPY BIRTHDAY

William C.	8/4
Wayne D.	8/4
Margaret F.	8/5
Karen M.	8/7
Mary V.	8/9
Michelle K.	8/11
Marquette S.	8/13
Robert P.	8/20
Fern D.	8/21
Thomas C.	8/23
James W.	8/26
Glenda O.	8/27

Three Fun Ways to Celebrate Elvis Week: Aug. 8-16!

 **Host a sing-along or karaoke with fan favorites like:**

- Hound Dog
- Suspicious Minds
- Love Me Tender
- Blue Suede Shoes



 **Enjoy a movie night with popcorn and classics like:**

- Jailhouse Rock
- Viva Las Vegas
- Blue Hawaii

 **Test your Elvis trivia skills:**

- What was Elvis's middle name?
- What year did he serve in the U.S. Army?
- What's the name of his Memphis mansion?
- In what year did Elvis make his first television appearance?

Celebrate the Amazing Seniors in Your Life!

Our seniors are living legacies. They've built families, served communities, and faced life's ups and downs with strength, wisdom, and heart. August 21 is a special day to honor and recognize them, but they deserve to be celebrated every day.

Say Thank You, From the Heart

A simple "thank you" can mean so much. Tell a senior in your life how they've inspired you with their love, guidance, or example. If they enjoy it, gather friends and family to celebrate their remarkable life.

Preserve Their Legacy

Seniors carry rich histories worth cherishing. Take time to listen to their stories and memories. Celebrate their life lessons by helping document these moments through writing, photos, or videos. A memory book or legacy letter is a priceless gift for generations to come.

Discounts and Allowances

Many seniors qualify for discounts and benefits that make everyday life more enjoyable. Help your loved one discover deals on favorite stores, restaurants, travel, and entertainment so they can take advantage of these special offers.

Make New Memories Together

The best moments come from simply being present. Plan outings or quiet days that bring joy: a movie, a sporting event, music in the park, bowling, or a meal at a favorite restaurant. Or spend time together over coffee, cards, photo albums, or classic movies.

Senior Citizen Day, August 21, honors the history, wisdom, and significant contributions seniors have made to families, communities, and our country. Let's cherish their journey, celebrate their lives, and show them how deeply they are appreciated every day.



Special Events

Thursday 8/6 9 am-2:30 pm
Outing to Tejas Bingo Parlor



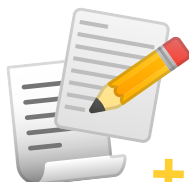
Friday/August 7th at 2:30 pm
Resident & Staff Talent Contest



Friday/August 14 from 2:30-3:30 pm
Friday Social with Special Musical Entertainment
by Mike Casey with refreshments.



Tuesday/August 18th from 2-3:30 pm
RESIDENT COUNCIL MEETING.



Wednesday/August 19th from 2-3:30 pm
THE ARK FAMILY CHURCH Service with
praise & worship, preaching & prayer.



Friday/August 21st from 2:30-3:30 pm
Friday Social with Special Musical
Entertainment by Rob Mason &
His Light Show with refreshments.



Wednesday 8/26 9 am-12 pm
Walmart Trip



Friday/August 28th from 2:30-3:30 pm
Friday Social & Happy Hour with Special
Musical Entertainment by Mike Faltn.
Margaritas, beer, chips & salsa to be served.



A Sweet Slice of Summer Fun

For many of us, **watermelon and other favorite melons** bring back memories of long summer days spent with family and friends. Whether it was

cooling off after playing outside, sharing slices at a picnic, or enjoying fruit at a community gathering, melons have been part of countless summer traditions.

Today, people are finding fun new ways to celebrate this favorite fruit. Some carve intricate designs into the rind, while others use a watermelon slice as a playful "smile" for memorable family photos. And yes, there's still plenty of laughter over an old-fashioned watermelon seed-spitting contest!

Make Your Own Luck Day: Lucky Traditions

August 26 is **Make Your Own Luck Day**, a fun holiday that celebrates all the little traditions that make life a bit more interesting.

When most people think of luck, they picture a four-leaf clover or a lucky penny. But for many of us, luck is tied to the simple habits and traditions we've carried with us for years. Maybe they came from a parent or grandparent, or perhaps they're rituals you've always done "just in case."

Do any of these sound familiar?



- Picking up a penny when you spot one on the ground.



- Making a wish when the clock reads 11:11.



- Crossing your fingers for good luck.
- Wearing a favorite shirt or hat on an important day.



- Searching for or finding a four-leaf clover.
- Keeping a lucky charm or special keepsake nearby.

Whether these traditions bring good fortune or simply make us smile, they connect us to happy memories and remind us to stay hopeful. This Make Your Own Luck Day, ask a friend, family member, or fellow resident about their lucky traditions. You may discover stories you've never heard before, and create a few new memories along the way.





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& Dee Johnson, RN

WEEKEND TREATMENT NURSE

Jack Ojuok, LVN

EVENING MANAGER

Anna Chavez

ACTIVITY ASSISTANT



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	V	G	Y	S	D	M	F	I	E	K	B	Y	Z
S	A	F	V	M	C	R	C	O	B	L	O	O	F	L
B	D	L	E	G	A	C	Y	S	M	E	L	O	N	V
P	V	Y	V	H	A	S	N	R	B	K	S	K	Q	F
Y	E	J	C	M	W	U	M	M	O	P	P	S	C	U
X	N	N	H	P	F	M	T	E	U	E	R	C	P	V
E	T	L	N	E	B	M	T	L	M	S	J	E	R	U
X	U	A	X	Y	I	E	G	I	T	O	I	J	A	U
Y	R	J	F	M	Z	R	R	E	Y	M	R	C	Q	D
C	E	V	C	H	E	R	I	S	H	W	L	I	K	R
S	K	W	O	P	L	V	Y	H	V	A	B	H	E	Q
C	B	J	H	B	V	G	S	E	N	I	O	R	S	S
E	X	I	S	D	I	V	X	J	I	S	E	B	J	N
L	U	C	K	Y	S	Q	H	K	Q	Z	V	F	D	Y
J	A	U	W	G	V	Z	V	V	E	N	G	B	B	E

WORD LIST

ADVENTURE

BOOKS

CHARM

CHERISH

ELVIS

FUN

LEGACY

LUCKY

MELON

MEMORIES

MUSIC

PENNY

READ

SENIORS

SUMMER